

A Parent's Guide to Contact Tracing – What to Expect

What is contact tracing? How does it help stop the spread of COVID-19?

- Contact tracing has been used in Santa Clara County and around the world for a long time to prevent the spread of infections.
- It is a way to identify people who came into contact with someone who tested positive for a disease (such as measles, tuberculosis, or COVID-19) that can be transmitted to others.
- By finding people who were in close contact* with someone who tested positive for COVID-19, they can be notified before they show any signs of being sick. If they quarantine at home right away,** they are not out in the community spreading the virus to others.

