Mask Wearing Dos



Surgical Mask

Surgical masks provide good protection against COVID-19



Double Mask

You can place a cloth mask on top of your surgical mask for extra protection



Tight Fitting Mask

Masks such as KN95 or KF94 masks provide the most protection.

DO pick a mask that:



Completely covers your nose and your mouth, snugly without gaps



Has a nose wire to prevent air from leaking out the top of the mask

DO:



Place the mask over your mouth and nose, and secure it under your chin



Pinch the nose wire to fit so no air leaks out

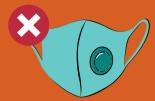


Mask Wearing Don'ts



Single Cloth Mask

A single cloth mask does not provide good protection, unless you wear a surgical mask underneath



Mask with exhaust valves or vents

These masks allow particles to escape

DO NOT:



Wear it around your neck



Wear it under your nose



Wear it hanging off your ear



Adjust it or touch it often while wearing it



Pull it down when talking to people

How to take off your mask:



Carefully remove the mask by holding the strings or ties behind the ears



Fold the mask in half by folding the outside corners together



Store the mask someplace safe and wash your hands



